# **KABEYUN FAMILY CAMP ACTIVITIES (and Rules)**

## SWIMMING

- Kabeyun provides lifeguards for supervised swimming between the swim dock and the crib in small cove between 9:00 am and 12:30 pm and from 2:00 pm to 5:30 pm daily.
- Young children may play in the water at the small cove beach, supervised by their parents, and only in the shallow water out to the orange buoy markers.
- Even though we have lifeguards on duty, children must be accompanied and supervised by a parent, no one should ever swim alone, and there can be <u>no swimming after dark</u>.
- Small cove is shallow no head-first diving is allowed, and no jumping from the guard towers.

## SAILING, KAYAKING, CANOEING, ROWING, PADDLEBOARDING

- There is a Kabeyun dockmaster at the waterfront and boating is available between 9:00 and 12:30 every morning, and 2:00 - 5:30 in the afternoon. Please check in with the dock master before using any kayak, canoe, rowboat, sailboat, or paddleboard.
- Everyone is required to wear a properly fitted PFD (life preserver) when using sailboats, canoes, kayaks, rowboats, and paddleboards.
- All boats and paddleboards <u>must stay in sight of the motorboat dock</u> while on the water.
- If you'd like to go for a sail but are not certain of your abilities, ask the dockmaster, and we'll try to provide an experienced sailor to take you out!

### FISHING

- Sign up on the clipboards at the dining hall to go out on the fishing boat with our staff driver(s).
- Maximum group size is 4 (not including our driver). We provide bait and gear if you need it.
- <u>Anybody fishing over the age of 16 needs a NH fishing license</u>. You can purchase single-, three-, or seven-day licenses through the NH Department of Fish and Game at one of the service stations in town, or by using <u>nhfishandgame.com</u> on one of the computers in the office.
- Meet the boat(s) on Woodchuck's Dock. Children must be accompanied by an adult.

## WATER SKIING

- Sign up on the clipboard at the dining hall.
- Maximum number in your group is 9 (does <u>not</u> include the driver), and the one-hour time blocks are appropriate for 3-4 skiers or riders. There must always be a spotter age 13 or older.
- Children must be accompanied by an adult.
- Please be respectful of the high level of interest in waterskiing if you were out on the boat today, give others a chance before you sign up for tomorrow!

### TENNIS

- Sign up on the clipboard at the dining hall for court times.
- Please leave time at the end of your session to sweep and clean your court for the next users.

## ARCHERY

- Sign up on the clipboard at the dining hall for range time.
- The key to the archery shed is kept hanging on a hook outside the office.
- Children must be supervised by an adult Kabeyun does not provide staff at the range.

### TREEHOUSE

- Sign up on the clipboard at the dining hall and get the key from where it hangs at the office.
- Take care, observe the guidelines as posted, and return the key to the office when you're done.

# BADMINTON, BASKETBALL, FRISBEE, PING PONG, FOOSBALL...

... are all available any time. Equipment is supplied in each area. If you need additional equipment, please check with us in the office.

# Welcome to Kabeyun Family Camp 2022!

### EATING

- Meals are served at 8:00 am, 1:00 pm, and 6:00 pm.
- Meals will be served buffet style, and we encourage you to mix and mingle when you choose where to sit.
- Please do not "reserve" tables by leaving your belongings behind between meals.
- The kitchen, including the walk-in cooler and freezer, is not available for general use guests should not be in the kitchen at any time. Please use the refrigerators and freezers in the dining hall for personal items not supplied by camp.
- If you are planning to miss a meal, please note your absence on the "Missing Meals" clipboard in the dining hall in advance. Important the daily use fee is <u>not</u> reduced if you miss a meal.
  Kabeyun's costs are "sunk," and your fees cover not just the cost of food but staff and other fixed expenses

## SLEEPING

- Cabins should already be outfitted with a couple of lamps, trash bags, brooms, and dust pans.
- Extra lamps, light bulbs, paper towels, and toilet paper are available in the laundry area of the office. Please help yourself as needed.
- Please give the cabin a sweep when you are departing; bag up your trash and take it to the dumpster behind the dining hall so the next family can enter a clean space.

### FIRES

- The woods are dry! <u>Please have fires at big cove ONLY</u>! There should be no fires at Sunset, Pine Point, or Porter's Dock without explicit permission from Ken.
- Please check with the office to see what the fire danger rating is before lighting.

## QUIET TIME

• Please respect a quiet time of 10:00 p.m. – no loud music, no barking dogs, etc.

## DOGS

- Your dog must be on a leash at **all times** when he or she is out of your cabin or tent.
- Please clean up after your dog!
- Your dog should not be a nuisance or a danger to other guests, and their behavior is your responsibility.
- Dogs should not be in the dining hall at any time.

### CAMP STORE

• We have Kabeyun t-shirts, cotton sweatshirts, fleece pullovers, caps, and more available – catch us in the office at check-out times.

### CHECKING OUT

please check out with Ken in the office

## between 9:00 & 11:00 a.m. on the morning of your departure.

or after dinner the night before if you are departing before 9:00 a.m.